

## **Becoming a Resilient Leader: Key Lessons from Running the Marathon Grand Slam**

Manila – The People At Work’s Philippine office held an Intelligent Leader Series session on January 23<sup>rd</sup> in Makati entitled “**Becoming a Resilient Leader: Key Lessons from Running the Marathon Grand Slam**”.

An intimate by-invitation only session, the event drew senior human resource executives from companies such as CTBC Bank, USG Boral, Johnson & Johnson, Sandoz, CIBI, OLX Philippines, ProV International and HILTI. Noted leadership expert, **Dr William Thomas**, shared his experience in the Marathon Grand Slam and the key lessons he learned and adopted as a business leader. The Grand Slam is a marathon on all 7 continents and at the North Pole that demands not just athletic skills but the ability to find a path through uncertainty and changes that emerge over time. Dr Thomas is one of the few people in the world to have completed the Grand Slam and he has fully documented this in his book, *Cross The Lines: A Journey to Complete The Marathon Grand Slam*.

Participants listened intently as Dr Thomas expounded on five key lessons that leaders can use to navigate while driving changes. One powerful lesson is leaders “do not control everything, so (they should) focus on what (they) can control”. This can enable leaders to face the opportunities that change brings rather than be overwhelmed by uncertainties. Participants agreed that these are indeed very strong messages they can carry back to their companies.

The People At Work regularly organises leadership events under its “**The Intelligent Leader Series**” featuring distinguished speakers and thought leaders. For more information on upcoming events, please sign up at our website [www.thepeopleatwork.com](http://www.thepeopleatwork.com) or contact us at [inquire@thepeopleatwork.com.ph](mailto:inquire@thepeopleatwork.com.ph).